A PAGE FOR WOMEN AND THE HOME

Evening Chat

The French Huguenot churches, be ing in severe straits on account of the ing in severe straits on account of the general devastation of the war, appealed to the American churches for help. Their delegate, Pastor Roussel, recently took home gift of some gover \$20,000, and now Rev. Charles S. MacFarland, general secretary of the Federal Council, reports that he has secured nearly \$25,000 more, which will be conveyed to the French churches as an expression of the affection of Christians in America. The Federal Christians in America. The Federal Council is endeavoring to secure about \$150,000 for the help of their brethren

\$150,000 for the act, in France.
Such incidents as this are, at least, gleams of light in a situation which sometimes seems hopeless.

Fairmont does not lack for poets and we have several that are capable of earnest sincere thought with the ability to express themselves to convey clearly what they mean without becoming ludicrous or maudiln as is the common fault of the majority of poet-novices. As another example of this we submit the following poem by Miss Eunah Taylor, head nurse at Cook hospital and is entitled "Life's Service," being a tribute to the late Dr. John B. Murphy, the famous surgeon who recently died in Chicago:

How beautiful the rays of setting sun How beautiful the rays of setting sun shine on a work so nobly done. And thus when John B. Murphy passed To his reward, a gloom was cast Wide o'er thy nation, for 'twas he Who lived his life to help humanity, With his skilled hand he stayed the tide

tide
Of ebbing life; (thy stream is wide,)
"Twas he who took the surgeon's knife
And worked out many miracles
And left behind good seeds
Sown in his worthy deeds,
The task is finished and well done,
His wonderous teachings still live on
To be repeated through thy generation.
A priceless gift to his profession.
And though we miss him and are sad,
For his example we are glad,
With clearer vision now we see
Our duty toward humanity.

EUNAH TAYLOR, R. N.

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Four Vaudeville Numbers at Colonial

The vaudeville bill this week at the Colonial has pleased the patrons even better than the musical tabloid shows of the past few weeks. Four excellent numbers comprise the bill and one is in doubt which is the most entertaining, Bob Chambers, with his novelty Xylophone performance, Baxter and LaConda in their singing, talking and dancing act, Scat Stanley, the different man or the Ingraham Harris trio. All of these numbers are full of punch and the artists have the ability to "get it over." Carol Carr made his first appearance yesterday as the violinist at the Colonial and his new march was one of the features of the performance.

"Every woman can be shown her defects and be taught to remedy them. "I consider it almost criminal to eglect the young girls in their grow. Work, and every mother should see that her daughter realizes the import. The American woman lacks concentration. She does a thin, a few times, until the novelty wears on, and and the artists have the ability to "get it over." Carol Carr made his first appearance yesterday as the violinist at the Colonial and his new march was one of the features of the performance.

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CONFEDERATE WIDOW DIES

CHARLESTON, W. Va., Aug. 29.

Survived by five children each of whom is past the age of 54 years. Mrs.

Mary Jane Wilcher is dead at her home in Malden, at the age of 85 years. Her husband, Captain Richerd Wilcher, of Stonewall Jackson's Brigade, was killed in action in 1864. She was grandmother to 28 children and great-grandchildren of 5.

swered gloomily.
"Don't mind that, Margie. Nobody

"Don't mind that, Margie. Nobody wants to dance in the summer—much," I'm chimed in.

"By the way," he continued. "you should have been at Malcolm Stuart's dinner dance the other night. It was the swaggerest thing that has been pulled off in this town since the wedding parties of Harry and Eliene Bimone, years ago. And you should have seen your mother dance, Dick. Bite will be taking the prize from all the girls yet."

Dick frowned and said, "Shall I not itself yet."

Dick frowned and said, "Shall I not itself yet."

Dick dear, I don't think I'll ever be tired again. I've rested enough to last me all the rest of my life.

"That's right, Margie, you lead old Dick a dance. He is getting into that settled state that is the precursor of a lengthened waist band and a bald head."

head."

I looked-up anxiously. Both men laughed. "You see, Jim, that Margie and I are still one; in trying to get a rise out of me you have taken a beauting one out of her."

"But you know, Dick," I said, "I hate baldheaded, fat men and I'd hate to have to hate my husband."

"Hear hear," said Jim. "I know you are on the road to recovery. Margie, for I see-your eyes twinkle. They

tie, for I see your eyes twinkle. They

"PERFECT GIRL" TELLS WOMEN HOW THEY MAY ATTAIN GRACE AND HEALTH OF BODY



MISS FREIDA MATT HIAE, "PERFECT GIRL"

hospital and is entitled "Life's Service," being a tribute to the late Dr.
John B. Murphy, the famous surgeon who recently died in Chicago:

LIFE'S SERVICE.

A tribute to a life whose light did shine,
Into the darkened souls of suffering mankind.

May be a person of perfect physical development in a woman is one of great importance. In the present day, when the future of all the nations of the world is occupying the public mind to so great an extent, its intense interest can hardly be overestimated. For the future of the American race depends to a large degree, upon the mothers. rect woman.

"Below are a few simple rules which I have followed any which any woman may practice for her own physical good:

First—Concentrate. Learn what First—Concentrate. Learn what exercises you need, and apply yourself to them. Let nothing, no matter how templing, interfere with your gymnasium work.

Second — Cultivate some form of outdoor sport. Swimming is best. Tennis, golf, walking are all excellent and within every one's reach.

future of the American race depends to a large degree, upon the mothers.

Such is the belief of Miss Freida Matthiae, who won the "physically perfect girl" prize at the San Diego exposition. She is the champion all-around woman athlete of California, and is only 18 years old. The advice she gives may be followed by any woman with profit. "Perfection is the goal in any kind of development, and in the physical line it should be held constantly in mind, for it is attainable," says Miss Matthiae. "It is within the grasp of every woman, and particularly of every girl.
"Experts declare that I have a per-

and within every one's reach.

Third—Join a good gymnasium ff
you can. If not, make one at home.
Buy some simple equipment and follow your exercises there.
Fourth — Learn dancing, athletic
dancing, and dance often. It is the
best developer for grace and strength
in the world.

Fifth—Sleep all you can. Get your
regular sleep. Learn to sleep whenever you have a few spare moments in
the day time. Get at least eight hours'
sleep out of every twenty-four." ly of every girl.

"Experts declare that I have a perfect form. According to measurements, this is true. I have this perfect figure because I have worked, and worked hard. I have concentrated my attention upon it. I have striven, not for measurements or weights. lines or proportions, but for health, capacity and enjoyment. "And what kind of an egg might that be?" asked a fresh young man. "A base, cowardly egg," explained the statesman. "is one that hits you and then runs."

"Lack of application and concentra-tion is the main thing that keeps every woman from being perfect today. "Every woman can easily learn how to become perfect. It has been re-uced to an exact science.

Who do you think, little book, was my first visitor? Nobody but dear old Jim! He came yesterday with Dick.
"Dick said the doctors had forbidden you to see anyone but himself," he said, "but I told him you were probably so tired of his face by this time that you would welcome even mine."

Then he stopped his jollying and, taking my hand, said, "Margie, I am sure you know no one in all the world, with perhaps the exception of Dick, is happier over your recovery. It's true, isn't it?" he asked with a slight worry in his tones.

"Of course it is, Jim," I answered.

HEALTH HINTS

periou of three weeks after last exposure to the disease.

Children who have had mumps may attend school provided a physician certifies in writing his personal knowledge of the attack, this certificate to be presented to the principal of the school attended.

Before the little patient is discharged from quarantine, however, he must be given a thorough bath and change of clothing.

The room in which the patient was kept should be thoroughly aired by opening windows and doors and letting in sunlight. The bed linen should be boiled.

HEALTH QUESTIONS ANSWERED.
O. T. A.: "Can glasses, once worn for weak eyes, be discarded?"
Sometimes, after relieving the strain and building up your general health. But do not discard them without your oculist's advice.

STILL DISTRIBUTE RELIEF
CHARLESTON, W. Va., Aug. 29.—
Organized relief is being continued in the world.
Fitth—Sleep all you can. Get your regular sleep. Learn to sleep whenever you have a few spare moments in the day time. Get at least eight hours sleep out of every twenty-four."

"When I arose to speak," related a martyred statesman, "some one hurled a base, cowardly egg at me and it struck me in the chest."

"And what kind of an egg might that be?" asked a fresh young man.

"A base, cowardly egg," explained the statesman. "is one that hits you and then runs."

STILL DISTRIBUTE RELIEF CHARLESTON, W. Va., Aug. 29.—
Organized relief is being continued in the districts visited by the floods of Cabin Creek and Coal River two eweks ago, and will be necessarily committee from 21 towns, showing that there are 528 destitute families with a toltal membership of 2.433. It is believed by the last of this week definite reports will have been received by the central relief from 21 towns, showing that there are 528 destitute families defined and there are 528 destitute families with a toltal membership of 2.433. It is believed by the last of this week definite reports will have been received by the central relief from 21 towns, showing that there are 528 destitute families defined and there are 528 destitute families with a toltal membership of 2.433. It is believed by the last of this week definite reports will have been received by the central relief from 21 towns, showing that there are 528 destitute families with a toltal membership of 2.433. It is believed by the last of this week definite reports will have been received by the central relief from 21 towns, showing that there are 528 destitute families with a toltal membership of 2.433. It is believed by the last of this week definite reports will have been received by the central relief from 21 towns, showing that there are 528 destitute families with a toltal membership of 2.433. It is believed by the last of this week definite reports will have been received by the STILL DISTRIBUTE RELIEF sufferers.

THEY'RE READY FOR SCHOOL.

Osgood's ANOTHER WEDNESDAY Osgood's

Mumps is an acute infection and not to be made light of.
Children between the ages of six and 15 are the ones usually attacked, although grown people may become atfected.
Boys and girls are about equally atfected and the disease is believed to be contracted by direct transmission from one person to another. A person rarely has it twice.

Mumps is seldom fatal but sometimes it leaves unpleasant results. For this reason the sick one should be well cared for until entirely recovered. It is should also be remembered that this disease may be more severe in adults than in children.

The sick child must be kept in the house away from other children and must not receive any visitors until all the swelling has gone. All children in the family who have not had mumps must be kept away from school for a period of three weeks after last exposure to the disease.

Children who have had mumps may.

The RADONATAIS BEGINN

THE BARGAINS BEGIN 8 O'clock

Cloth Coats \$4.99 \8 Choice of any Spring Coat in Stock, value to \$20.00

Sateen Petticoats

Regular \$1.00 value Plain and Flowered

AT 9 O'CLOCK YOULL find Unsurpa 10 1 2 ssable Values Wash Dresses \$1.49 Excellent styles, white and colors, value to \$6.00. Straw and Knitted styles, values to \$5.00.

values to \$5.00.

THE BARGAIN FESTIVAL Continues at 10 1 1 House Dresses 79c Fast Color Ginghams, neat styles, value to \$2.00.

Silk Waists 99c

Green, Blue and Maize only, value \$2.50.

AT 11 O'CLOCK SHREWD Shoppers 10 1 2 will flock Cloth Skirts \$1.99

Blue and Black Serge and

Sheperd check val. \$3.50, \$4.

Middy Blouses 69c The good \$1.00 grade, white & striped, plain & fancy colors.

Victim of Snuff Sent to Weston

Samantha Kendall, a woman from was yesterday morning adjudged of un-sound mind by the Marion county Lu-nacy Commission and was ordered taken to the state hospital at Wes-

Safety First

Indigestion, constipation, biliousness organs are often the source of serious illness. At the first sign of disordered ions take the reliable family remedy that is always dependable-

BEECHAM'S

Largest Sale of Any Medicine in the World. Sold everywhere. In boxes, 10c., 25o-

ton. Mrs. Kendall is a victim of the snuff habit and this is thought to be partly the reason for her condition. While in jail since Saturday awaiting a hearing Mrs. Kendall has used an ordinary sized box of snuff per day.

Purity

Quality

The four elements of successful medicines guaran-Accuracy teed by our label on your Safety prescriptions,

Mountain City Drug Co.

Opposite Court House

DOINGS OF THE DUFFS—(THINGS JUST SEEM TO BREAK BAD FOR TOM.)—BY ALLMAN.







in his tones,
"Of course it is, Jim," I answered.
"Dlok, shall I 'roll over for the gentleman:?" I asked laughingly.
"Til take your word for it and thank
God that you can roll over,' said Jim
ferrently.
"You'll see," I said, "I'm going to
dance with you, dear old Jim, in a few
weeks—or is it months, Dick?"
"I hope it will be weeks, dear, but I
am afraid it will be months," Dick answered gloomily.
"Don't mind that, Margie. Nobody
"The saked and I fairyg asped, "Oh may I, Dick?"—and
then I burst into tears.
Jim left the room so quietly that I
did not know he was gone until I found
wardrobe for little daughter.
To help her decide on hats, frocks
amart little school girl outfit designed by Mne. Becker of the Fashion Art
League of America.

"The prim little waist is strapped
with green leather and trimmed with
the freck but plaid serge or shepherd
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I'll ican make you so. please God,"
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